



CALHOUN ATHLETICS

Coach	Email Contact	Sport	LVL	Start Date	Time	Location	Special Instructions
Chris Vogel	cvogel@bmchsd.org	Soccer	Varsity	8/28/2023	9:00:00 AM	Brookside	Bring water, cleats and sneakers
Eric Stewart	Stewarteric404@gmail.com	Soccer	Junior Varsity	8/28/2023	9:00:00 AM	Brookside	N/A
Dan Ortiz	Dortiz@bellmore-merrick.k12.ny.us	Football	Junior Varsity	8/19/2023	7:00:00 AM	Calhoun Football Field	N/A
Ryan Pastuch	rpastuch@bellmore-merrick.k12.ny.us	Boys Volleyball	Varsity	8/28/2023	8:30:00 AM	Calhoun Gym	Text 81010 @hounboysvb to join the Remind or follow us on Instagram @calhoun_volleyball
DePuy	ddepuy@bellmore-merrick.k12.ny.us	Girls Soccer	Junior Varsity	8/28/2023	7:00:00 AM	Merrick Ave Middle School	Bring sneakers and cleats. Bring lots of water!
							<p>Please complete all forms for Rank one.</p> <p>All preseason week (8/28-9/1)practices will be held at MAMS.</p> <p>Monday thru Wednesday will have double sessions (except for freshmen who will have orientation one of those days). Bring running shoes and cleats to every session.</p> <p>Monday 7am (Cooper Run) and 3 pm.</p> <p>Tuesday 7am and 11am.</p> <p>Wednesday 7am and 3pm.</p> <p>Cuts Wednesday night.</p> <p>Thursday 3pm.</p> <p>Friday 7am.</p>
Jason Elias	Jelias@bmchsd.org	Soccer	Varsity	8/28/2023	7:00:00 AM	MAMS	
Michael Pisano	mpisano@bmchsd.org	Boys Volleyball	Junior Varsity	8/28/2023	8:30:00 AM	Calhoun High School	N/A
Eddie Martinez	emartinez@bellmore-merrick.k12.ny.us	JV Girls Volleyball	Junior Varsity	8/28/2023	11:00:00 AM	Calhoun Gym	Be sure to bring water bottle and knee pads for tryouts.

