



BELLMORE-MERRICK CENTRAL HIGH SCHOOL DISTRICT  
**ATHLETICS**

Dear BMCHSD Sports Families:

The **Rank One Sports** portal for the Fall Sports season will open **Sunday, July 30<sup>th</sup>** for all potential high school student-athletes and in the BMCHSD. The window will close **Monday, August 21<sup>st</sup>**. **Kindly adhere to this deadline or sports clearance for your child may be delayed.**

**ALL STUDENT-ATHLETES MUST COMPLETE FOUR ELECTRONIC FORMS TO BE CLEARED FOR SPORTS PARTICIPATION.**

The required forms are: ***Code of Conduct, Emergency Contact Release, Concussion Management and Sports Candidate Health History***. An email confirmation upon the successful submission of each form will be sent directly to you.

It will only be necessary to provide a hard copy of the ***Physical Examination, as well as, (where applicable) the Administration of Medication and Self Medication Release*** forms to the Nurse in the school your child attends. **Physical Examination Forms must be dated and signed by a physician. Physicals are valid for one calendar year until the last day of the month in which it was completed (a physical dated June 13, 2023, is acceptable until June 30, 2024).** All other documents can be completed electronically by clicking [here](#).

**PLEASE ALLOW APPROXIMATELY FOUR DAYS FOR THE SCHOOL NURSE TO CLEAR YOUR CHILD FOR PARTICIPATION.** Much like the IC Parent Portal, you will need your child's Student ID to access the system. However, it is not necessary to log into the **Rank One Sport** parent portal to complete electronic forms. You may login or proceed as a guest.

If you have any further questions, please contact the Athletic Coordinator in the building your child attends school. Good luck to all prospective student-athletes during tryout process. Thank you.

Regards,

**Mr. Eric Caballero**