



MEPHAM ATHLETICS

Coach Name	Email Contact	Sport	Level	Start Date	Time	Location	Special Instructions
Kerry Dalton	Kdalton8@msn.com	Girls Cross Country	Varsity	8/28/2023	3:00:00 PM	Mepham baseball field	Please bring running shoes and water and make sure your paperwork is up-to-date with school nurse
Karin McMahon	kmcmahon@bellmore-merrick.k12.ny.us	Boys Badminton	Varsity	9/5/2023	3:45:00 PM	North Gym (small gym)	to join the remind text this message @6aec4c6 to 81010
Matthew Moody	mmoody@bmchsd.org	Football	Varsity	8/19/2023	6:45:00 AM	Mepham Turf	Bring cleats AND sneakers, plenty of water, and lunch. You will be at the school until 2:15 each day.
Tom Wildeman	wildemant@yahoo.com	Girls Volleyball	Varsity	8/28/2023	11:00:00 AM	Mepham High School North Gym	11am-2pm Bring Water
Ashley Yunker	Ayunker@BMCHSD.org	Cheerleading	Varsity	8/28/2023	3:15:00 PM	North Gym	August 28th-August 30th 3:15-6:15 in the North Gym
Steckle	psteckle@bmchsd.org	Tennis	Junior Varsity	8/28/2023	9:00:00 AM	Tennis Courts	Tryouts will be at 2:30 on 8/30 and 8/31 because we have conferences here in the morning.
Jamie Romito	jromito@bellmore-merrick.k12.ny.us	Girls Varsity Tennis Mepham	Varsity	8/28/2023	10:00:00 AM	Mepham Tennis Courts	All are welcome! 8/29 9:00am, 8/30 and 8/31 will be held at 2:30.
Elizabeth Gorman	egorman@northbellmoreschools.org	Boys Volleyball	Varsity	8/28/2023	8:00:00 AM	Mepham Gym Upstairs	We will be 8-10 on Monday and Tuesday. We will be 4-6 on 8/30 and 8/31.
Justin Renna	coachrenna214@gmail.com	B/G Cross Country	Varsity	8/28/2023	5:00-7:00 PM	Mepham Baseball Field	Please bring running shoes and water and make sure your paperwork is up-to-date with school nurse



MEPHAM ATHLETICS

Zachary Gosse	zgosse@bellmore-merrick.k12.ny.us	Boys Soccer	Varsity	8/28/2023		<p>8/21-8/24: Preseason Mini Camp - 5-7PM @ Mepham HS (Sign up via Rank One)</p> <p>8/28-8/29: Tryouts - 9:30-11:30AM & 5:30-7:30PM @ Mepham HS (V & JV)</p> <p>8/30-8/31: Training - 3:30-5:30PM @ Jerusalem (JV) & 5:30-7:30PM @ Mepham HS (V)</p> <p>9/1: Training 8-10AM @ Mepham HS (V* & JV*) & 5-7PM @ Mepham HS (V)</p> <p>9/2: Photos & Scrimmage 8:30-11:30AM @ Mepham HS (V** & JV**)</p> <p>9/4: Scrimmage 10-12PM @ East Meadow HS (V) & 9-11AM @ Manhasset HS (JV)</p> <p>*Player meeting to follow training</p> <p>** Parent meeting to follow scrimmage</p>
Janine Bizelia	Cappello19@hotmail.com	Girls Soccer	Varsity/Junior Varsity	8/25/2023		<p>Monday August 28 730-1030am Grand Ave.</p> <p>Tuesday August 29th 730-1000am Grand Ave</p>

