

Sport	Coach	Email	Start Date & Location	Special Instruction
Boys' Basketball	Block-Gattus-Manfredo	coachblockhoops@yahoo.com mgattus@bmchsd.org	JFK GYM - - Monday (JV 2:30-4:45 - - Varsity 3:45-5:30), Tuesday (JV 6:15-8:15- -Varsity 4:30-6:30), Weds (JV 2:30-4:45 - -Varsity 3:45-5:30)	You must be cleared on rank one in order to try out, please come ready to play in the gym on the start time.
Cheerleading	Varsity - Ms. Linda Leonardo JV - Ms. Courtney Waller	lleonardo@bmchsd.org cwaller@bmchsd.org	Monday 11/13/2023 3:00pm in the GI Room	Please come prepared on Monday, on time, in proper athletic attire, cheerleading sneakers, and absolutely no jewelry! Make sure you are cleared on Rank One. Check Google Classroom for more information. You can find the tryout material you need to know on Google Classroom. Join code: krtvk2x
Girls' Basketball	Varsity- Mallory Freely JV- Gabrielle Volpe	mfreely@bmchsd.org gvolpe@bmchsd.org	JV & Varsity 11/13/2023 5:30-7:30pm 11/14/2023 2:30-4:30pm 11/15/2023 5:30-7:30pm	Please make sure you are cleared on rank one prior to try out time. If you own a reversible pinnie please wear it, along with proper sneakers. No jewelry allowed!
Boys' Track	Varsity Head Coach- Cici Hirsch Assistant Coach- Ryan Walsh	cicihirsch13@gmail.com	11/13 at 3:30 on the track	Please make sure all paperwork is filled out and you are cleared for day one. Wear warm clothes and have proper footwear.
Girls' Track	Varsity Head Coach- Chris Mammone Assistant Coach- Jack Ryan	moner2000@aol.com - Chris	11/13 at 3:30 on the track	Please make sure all paperwork is filled out and you are cleared for day one. Wear warm clothes and have proper footwear.
Wrestling	Varsity Head Coach-Brian DeGaetano - Varsity Assistant Coach-Dan Arkow	Bdegaetano@bmchsd.org	Monday 11/13	245-450 pm every day on the wrestling room