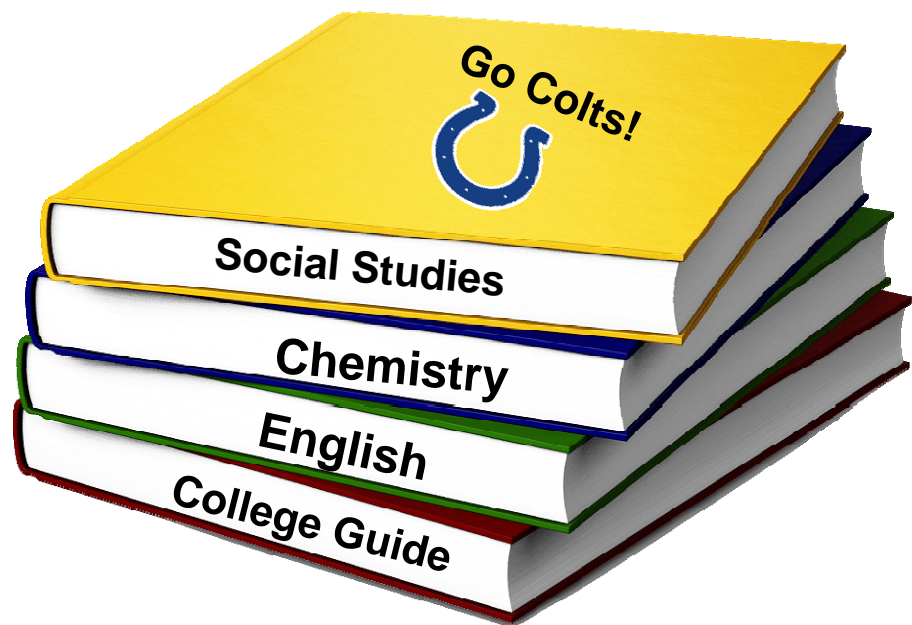


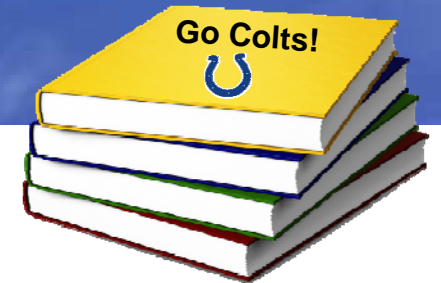
Sanford H. Calhoun HS

4-Year Planning Guide



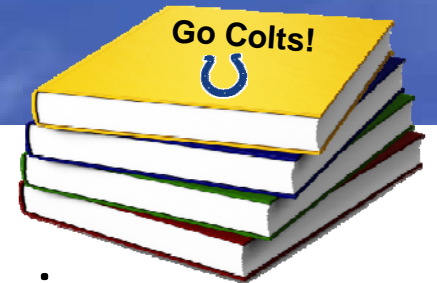
*Devising a career plan
for high school and
beyond...*

Agenda



- High School Expectations
- NYS Graduation Requirements
- 4-Year Plan
- Naviance
- Becoming a College Bound Student
- Preparing for College
- Admission Factors
- Resources
- Q and A

High School...



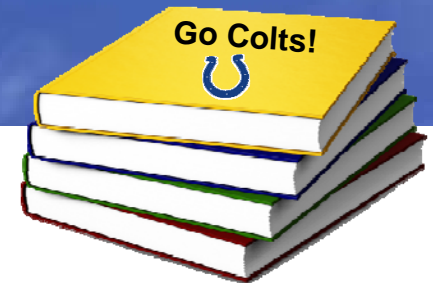
Is your opportunity to:

- Learn new skills
- Reach your academic potential
- Consider career options through various coursework

Is not:

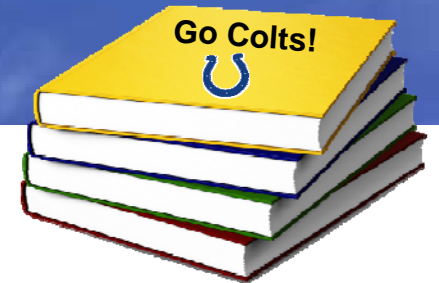
- Taking the minimum coursework required to “just get by”
- Taking the easiest courses to enhance a GPA
- All you will need to earn a living

NYS Graduation Requirements



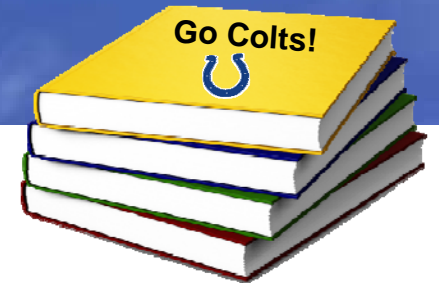
<u>Type of Diploma</u>	<u>Minimum Credits</u>	<u>Regents Exams Required</u>	<u>Minimum Score on Regents Exams</u>
Local Diploma (Classified Students)	22	1 Math, 1 Science, ELA, 2 Social Studies	55 - 64
Regents Diploma	22	Same 5 as Local Diploma	65 or above on all
Regents w/Advanced Designation	22	Same 5 plus 1 more Math, 1 more Science and one in a Language Other Than English	65 or above on all
Regents w/Honors	22	Same 5 as Local Diploma	90 average
Regents w/Advanced Designation w/Honors	22	Same as Regents diploma with Advanced Designation	90 average

The 4-Year Plan



- A sequence of courses taken during high school
- Is flexible and may change as a student's goals change
- Provides a blueprint for future planning and establishing goals
- Will enable a student to earn the desired diploma

9th Grade



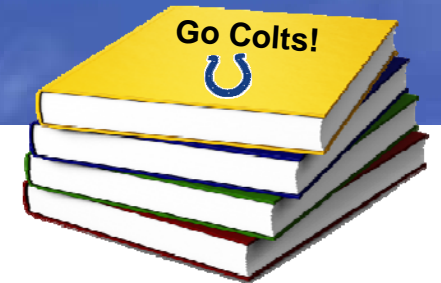
- Meet with your high school guidance counselor to discuss interests and goals
- Become familiar with Naviance
- Get involved in extracurricular activities
- Keep an academic portfolio and record of your extracurricular activities
- Volunteer to help you develop additional skills, especially during the summer

10th Grade



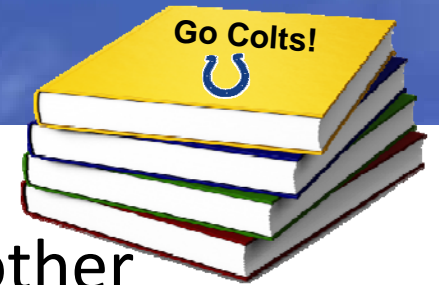
- Continue all activities from ninth grade
- Register and take the PSAT to assess strengths and areas of development
- Speak to Counselors about PSAT scores and other exams that you may be eligible for (i.e. SAT Subject Tests)
- Take elective courses that may interest you
- Take a career interest inventory using Naviance

11th Grade



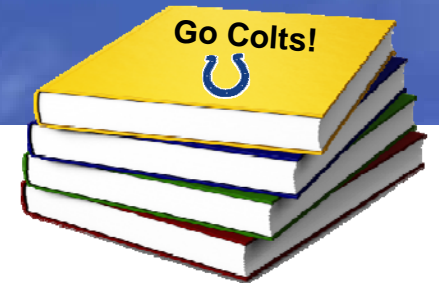
- Continue participating in extracurricular activities
- Register for and take the PSAT
- Register for the free SAT/ACT practice test in the Fall
- Take advanced placement courses and/or other challenging courses
- Begin devising a list of colleges you would like to learn more about
- Discuss the list with your parents and Counselor
- Attend college fairs and visit schools (Spring/Summer)
- Register and take the ACT, SAT, and/or SAT Subject Tests in the Spring
- Ask teachers, Counselors, and/or community leaders for recommendation letters

12th Grade



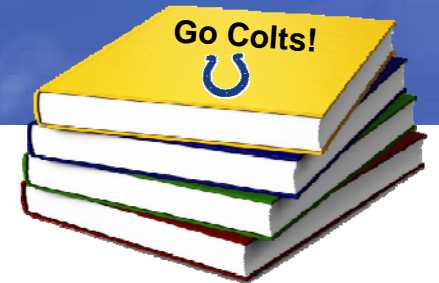
- Continue to take advanced courses and/or other challenging courses
- Register and take the ACT, SAT, and/or SAT Subject Tests in the Fall
- Talk to your parents and Counselor about the colleges you wish to apply to
- Obtain all admissions and financial aid applications from your college choices
- Visit colleges and attend college fairs during the Fall
- Complete and submit admission applications and essays (keep copies for your records)

12th Grade, continued

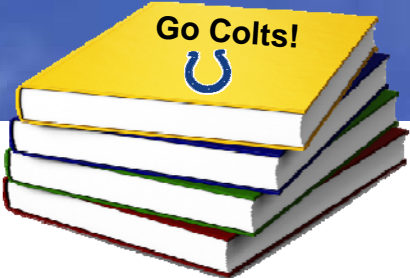


- Request that your official high school transcript be sent to your college choices
- Request that your ACT, SAT, and/or SAT Subject Test scores be sent to your college choices
- Complete the FAFSA (**Free Application for Federal Student Aid**) as soon as possible after January 1
- Complete a CSS (**College Scholarship Service**) profile, if the college requests one
- Search and apply for scholarships
- Review acceptance letters and financial aid offers from colleges
- Make final decisions, notify schools, and submit any necessary documents or deposits

Naviance



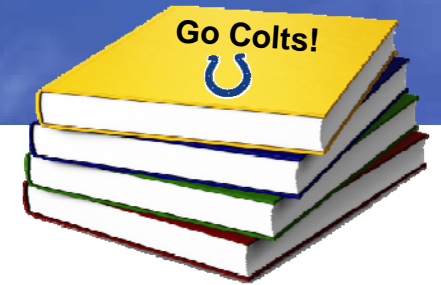
- On-line tool for communication among Counselors, students, and parents
- Allows students to create a post secondary plan
- Produces scatter grams of CHS acceptances, denials, and waitlists
- Includes GPA and SAT/ACT records from Calhoun High School graduates
- Reviews chances of admission at colleges where prior graduates have applied



NAVIANCE

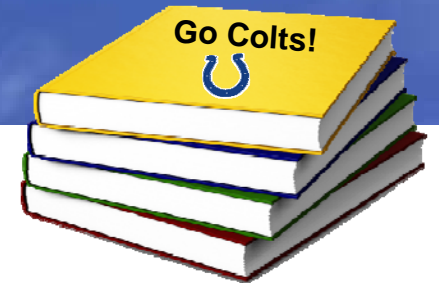


Becoming a College Bound Student



- Every year counts
- Establish good study habits
- Discover and develop your strengths
- Commit to what you are interested in (scouts, clubs, sports, music, drama, etc.)
- Volunteer
- Go beyond the minimum
- Stay focused
- Request to see your **Counselor!** They are here to help!

Preparing for College

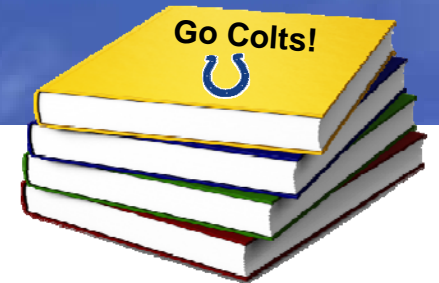


- The Counseling Department will support students through this process by:
 - Providing individual planning (each year)
 - Monitoring academic progress
 - Hosting evening presentations (e.g. College Planning Nights, Financial Aid Nights, etc.)
 - Having regular meetings with students and parents

Admission Factors

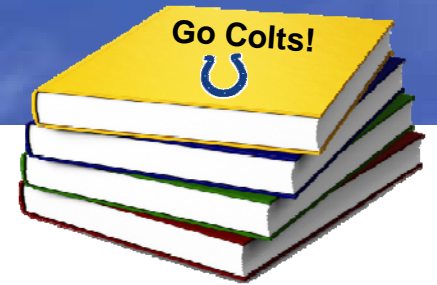
Percentage of Colleges Reporting "Considerable Importance"

Source: 2007 NACAC State of College Admissions



1.	Grades in college prep courses	76%
2.	Standardized admission test	60%
3.	Grades in all courses	51%
4.	Essay or writing sample	28%
5.	Class rank	23%
6.	Interests	21%
7.	Counselor recommendation	21%
8.	Teacher recommendation	20%
9.	Interview	10%
10.	Work and/or extra curricular activities	8%

Online Resources



- www.collegeboard.com
- www.act.org
- www.kaplantest.com
- www.ncaaclearinghouse.org
- www.nycareerzone.org
- www.regentsprep.org
- www.fafsa.org
- www.fastweb.com

Q & A

