


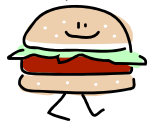
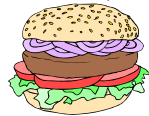















## JANUARY 2010

### “THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT” MARTIN LUTHER KING JR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
<p><b>PRE-PAYMENT OPTION IS AVAILABLE CALL 516-992-1030 FOR MORE DETAILS</b></p>	<p><b>**CHOICE OF MILK INCLUDED IN A COMPLETE LUNCH LOW WHITE SKIM LOW STRAWBERRY LOW CHOCOLATE</b></p>			<p><b>SCHOOLS CLOSED</b></p>
<p>FRESH PIZZA SLICE, TOSSED SALAD/DRESSING, PEACHES, HIGH SCHOOLS MIDDLE SCHOOLS SEE 1/6/10</p> 	<p>MEATBALL HERO, SWEET POTATO FRIES, PINEAPPLE</p> 	<p>CHICKEN TENDERS, BISCUIT, CORN, PEARS/CHERRIES, MIDDLE SCHOOLS HIGH SCHOOLS SEE 1/4/10</p> 	<p>HAMBURGER/BUN, BAKED FRIES, MIXED GRAPES</p> 	<p>SPICY CHICKEN/BUN, PEAS &amp; CARROTS, APPLESAUCE</p> 
11	12	13	14	15
<p>FRESH PIZZA SLICE, TOSSED SALAD, DRESSING, MIXED FRUIT- MIDDLE SCHOOLS HIGH SCHOOLS SEE 1/13/10</p> 	<p>PHILLY CHEESE STEAK HERO, ONION RING GARNISH, GREEN BEANS, FRESH APPLE</p> 	<p>CHICKEN PARMESAN/BUN, EXTRA SAUCE, SPIRAL FRIES, TROPICAL FRUIT, MIDDLE SCHOOLS HIGH SCHOOLS SEE 1/11/10</p> 	<p>NACHOS GRANDE, BEEF, BEANS, CHEESE, LETTUCE, SALSA, SOUR CREAM, CORN, CINN APPLES</p> 	<p>MOZZARELLA STICKS, MARINARA SAUCE, BROCCOLI &amp; GARLIC, PEACHES</p> 
18	19	20	21	22
<p><b>SCHOOLS CLOSED</b></p>	<p>PAN PIZZA, TOSSED SALAD, DRESSING, PINEAPPLE ALL SCHOOLS</p> 	<p>POPCORN CHICKEN, BISCUIT, CORN, MANDARIN ORANGES</p> 	<p>CHICKEN SOFT TACOS (2), LETTUCE, CHEESE, SALSA GREEN BEANS, PEARS/CHERRIES</p> 	<p>STUFFED SHELLS, GARLIC TOAST, MIXED VEGGIES, CHURRO STICK EXTRA \$.75</p> 
25	26	27	28	29
<p>FRESH PIZZA SLICE, TOSSED SALAD, DRESSING, BANANA MIDDLE SCHOOLS HIGH SCHOOLS SEE 1/27/10</p> 	<p>BREADED CHICKEN PIECE, WHEAT BREAK STICK, MASHED POTATO/GRAVY, APPLESAUCE</p> 	<p>CHICKEN NUGGETS, BISCUIT, CORN, SLICED NAVAL ORANGE- MIDDLE SCHOOLS HIGH SCHOOLS SEE 1/25/10</p> 	<p>MACARONI &amp; CHEESE, CALIFORNIA BLEND VEGGIES, 100% FRUIT PUNCH</p> 	<p>CHICKEN/CHEESE QUESADILLA, SPANISH RICE, SALSA, SOUR CREAM, MIXED VEGGIES, PEACHES</p> 